

# Foot Care

# **HAMMER TOES CUSHION**

### DESCRIPTION

#### YOUR VERY OWN PERSONAL TRAINER IS HERE FOR YOUR TOES!

There are so many factors either hereditary or acquired over time such as wearing our favourite high heels, pointy or tight shoes, which can cause hammer toe and thus affect our daily activities. That's why at Christou 1910 we designed a smart cushion that not only does it ease the pain of the bent toes, but it also "trains" them to maintain their proper position. Think of it as a personal trainer for your feet! On the one hand, it protects against injuries (calluses, blisters), friction and pressure exerted by the shoe and on the other hand it "is trained" to rest correctly! As with any kind of "exercise", regular use of the aid can ensure a correct posture for you and even improve the overall appearance of your legs in the long term. Try it out and feel the satisfaction of having better balance, better blood flow, relaxed joints and easy walking! Wash it with lukewarm water..

### DID YOU KNOW?

A slight disorder on your foot movement can at times lead to problems in the upper joints of the body, causing pain and distress in the knees, hips and lower back. So listen to your body and seek the appropriate solution!